

# Italia Bella

## BAR & GRILL

### ANTIPASTI APPETIZER

- FOCACCIA BREAD** \$5.95  
Homemade bread served with olive oil and balsamic vinegar.
- GARLIC CHEESE BREAD AL FORNO** \$7.95  
Garlic bread baked with parmesan and mozzarella.
- BRUSCHETTA** \$7.95  
Grilled focaccia bread, fresh tomato, basil, extra virgin olive oil and parmesan cheese.
- ANTIPASTO ITALIA BELLA** \$15.95  
Italian cold cut meats, cheese and grilled vegetables.
- GAMBERI ITALIA BELLA** \$12.95  
Black tiger prawns sautéed in a garlic butter, fresh herbs, and white wine sauce.
- CALAMARI** \$11.95  
Lightly breaded and served with spicy Sicilian tomato sauce.

### INSALATE SALAD

- MIXED GREENS** \$8.95  
Fresh, crisp mixed greens and veggies with house dressing. Half salad for \$6.95.
- TRADITIONAL CAESAR** \$8.95  
Oven roasted croutons, topped with parmesan cheese. Half Caesar for \$6.95. Add chicken or shrimp for an additional \$4.95.

### ZUPPA SOUP

- STRACCIATELLA** \$7.95  
Light chicken broth with egg, parsley, and parmesan cheese.
- ITALIA BELLA SEAFOOD CHOWDER** \$8.95  
One of a kind homemade seafood chowder.

### PASTA

- SPAGHETTI BOLOGNESE** \$15.95  
Fresh lean beef, fresh basil, and tomato sauce.
- SPAGHETTI GAMBERI PICANTE** \$17.95  
Black tiger prawns in a roasted garlic, white wine, spicy tomato sauce.
- SPAGHETTI PUTANESCA** \$16.95  
Anchovies, capers, black olives, garlic, and chillies in a tomato basil sauce.
- TRUFFLE SPAGHETTI + MEATBALLS** \$23.95  
White truffle oil, tomato sauce with our signature homemade meatballs
- SPAGHETTI AGLIO E OLIO** \$15.95  
Extra virgin olive oil, garlic, chilli flakes, and parsley.
- SPAGHETTI AMATRICIANA** \$16.95  
Pancetta, garlic, and Italian herbs in a red wine tomato sauce.
- FETTUCINE ALFREDO** \$15.95  
Parmesan cheese and nutmeg cream sauce.
- PENNE POLLO** \$17.95  
Chicken, mushrooms, and spinach with fresh herbs and garlic cream sauce.
- CHEFPENNE** \$17.95  
Chorizo sausage and chicken with fresh herbs and rosé sauce.

- VONGOLE ITALIA BELLA** \$13.95  
Fresh clams sautéed in white wine or tomato sauce.
- CHICKEN WINGS** \$11.95  
Twelve succulent chicken wings tossed in your choice of Frank's Red Hot, Teriyaki, or BBQ.
- POLPETTE** \$11.95  
Our homemade meatballs baked in garlic tomato sauce, with mozzarella and parmesan.
- ESCARGOT** \$11.95  
Baked with garlic lemon butter.
- SPICY CHORIZO/SAUSAGE** \$10.95  
With garlic, shallots, onions, fresh herbs, and red wine demi glaze.
- MELANZANE AL PARMIGIANA** \$11.95  
Baked eggplant, tomato basil sauce with mozzarella and parmesan cheese.

- INSALATA CAPRESE** \$10.95  
Balsamic vinegar, olive oil, ground basil, tomatoes, capers and bocconcini.
- ITALIA BELLA SALAD** \$12.95  
Ham, cheese, artichokes, black olive, tomato, julienned veggies, tossed with crispy romaine & homemade dressing.

- MINISTRONE** \$7.95  
Homemade Italian country style vegetables.

- SMOKED SALMON PENNE** \$17.95  
Fresh and smoked salmon cooked with creamy tomato sauce.
- LINGUINE PRIMA VERA** \$16.95  
Vegetables in a seasoning, sautéed in olive oil with tomato or cream sauce.
- LINGUINE PESTO** \$17.95  
Fresh basil, toasted pine nuts, garlic, and parmesan cheese.
- LINGUINE CARBONARA** \$17.95  
Pancetta, Scallions, free range egg, parmesan and reggiano parmigiano.
- LINGUINE VONGOLE** \$17.95  
Fresh clams with fresh basil, lemons, and garlic white wine tomato sauce.
- LINGUINE PESCATORE** \$21.95  
Prawns, calamari, clams, mussels, salmon, and white fish in a fresh herb, white wine, tomato sauce.
- CHEF GNOCCHI** \$16.95  
Traditional home-made potato and egg dumpling available with tomato, cream, or meat sauce.
- SPINACH & CHEESE TORTELLINI** \$16.95  
With white wine, shallots, onion, roasted garlic, in a rosé sauce.

# Italia Bella

BAR & GRILL

PASTA AL FORNO  
BAKED PASTA

<b>BAKED LASAGNA</b>	<b>\$17.95</b>
Layered pasta of lean beef, a variety of cheeses and rich tomato sauce.	
<b>BAKED PENNE</b>	<b>\$17.95</b>
Lean beef, a variety of cheeses, and rich rosé sauce.	
<b>BAKED BEEF TORTELLINI</b>	<b>\$17.95</b>
Beef stuffed tortellini cooked in a rosé sauce and baked with four cheeses.	
<b>BAKED GNOCCHI GORGONZOLA</b>	<b>\$17.95</b>
Homemade potato dumplings in a creamy gorgonzola sauce	

## ADD TO YOUR PASTA

Shrimp, Italian Sausage, Vegetables or chicken	<b>\$4.95</b>
Meatballs	<b>\$5.95</b>
Baked with cheese layer	<b>\$3.95</b>
Side garlic bread basket	<b>\$3.95</b>
Gluten-free penne pasta substitute for any pasta dish	<b>\$4.95</b>

*\*Served with your choice of grilled vegetables and potatoes or penne pasta in a cream sauce or penne pasta in a tomato sauce.*

ENTREES

<b>NY STRIPLOIN</b>	<b>\$28.95</b>
Grilled 9.oz NY Strip topped with sautéed mushrooms, fresh rosemary red wine and demi glaze sauce	
<b>GRILLED WILD SALMON</b>	<b>\$23.95</b>
Wild fillet of salmon grilled to perfection.	
<b>VEAL PARMESAN</b>	<b>\$23.95</b>
Breaded veal cutlet baked with mozzarella and tomato sauce	
<b>LAMB SHANK ALLA CHEF</b>	<b>\$24.95</b>
Fall off the bone tender, slow roasted.	
<b>BABY BACK RIBS</b>	<b>\$23.95</b>
Perfectly grilled and smothered in honey citrus BBQ sauce	

<b>POLLO ITALIA BELLA</b>	<b>\$21.95</b>
Grilled chicken breast with mushrooms cooked in a white wine demi glaze cream.	
<b>CHICKEN PARMESAN</b>	<b>\$21.95</b>
Breaded chicken cutlet baked with mozzarella and a touch of tomato sauce.	
<b>CHICKEN MARSALA</b>	<b>\$21.95</b>
Chicken breast cooked in a marsala wine and wild mushroom sauce.	
<b>POLLO PIZZAILOLO</b>	<b>\$21.95</b>
Lean chicken breast in a red wine with capers, calamata olives and a touch of tomato sauce.	
<b>SAFFRON SEAFOOD RISOTTO</b>	<b>\$24.95</b>
Fresh mussels, clams, salmon, tiger prawns and white fish with broth infused rice.	

LOCAL/IMPORT  
BEERS

<b>CANADIAN</b>	<b>\$5.95</b>
<b>BUDWEISER</b>	<b>\$5.95</b>
<b>COORS LIGHT</b>	<b>\$5.95</b>
<b>KOKANEE</b>	<b>\$5.95</b>

<b>CORONA</b>	<b>\$6.95</b>
<b>PERONI</b>	<b>\$6.95</b>
<b>HEINEKEN</b>	<b>\$6.95</b>

CIDERS/COOLERS

<b>GROWER'S APPLE CIDER</b>	<b>\$6.95</b>
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<b>SMIRNOFF ICE</b>	<b>\$6.95</b>
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# *Italia Bella* BAR & GRILL

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DESSERT

**TIRAMISU**

Popular Italian dessert made with coffee, ladyfinger biscuits, and mascarpone cheese

\$7.95

**APPLE PIE**

Traditional apple pie slice garnished with cinnamon and icing sugar.

\$6.95

Add vanilla ice cream for an additional \$1.50

**CHEESECAKE**

New York style cheesecake garnished with fresh berries

\$6.95